FROM THE STUDENT SERVICES OFFICE

Dear Seniors and Parents,

The School Counselors want to let you know that Chistopher Cox, Enrollment Specialist at Nashua Community College, will be coming to our school on Friday, January 17, for an Express Admissions Day. Here are some details:

• We will schedule students for individual appointments, starting at 7:30, throughout the school day.
• You will be asked to fill out an application prior to your appointment. The application is very user-friendly, and there is no application fee.
• Please see Veronica in Student Services or your counselor to get an application and to schedule a time.
• During your meeting with Christopher, he will assist you with any questions you have about your application, course of studies, NCC in general, and financial aid.
• Students will be required to take the Accuplacer (English and Math placement exam) unless your SAT scores meet the benchmark for your program. However, during the Express Admissions Day, you will receive a fee waiver if you take the Accuplacer within the next month at the college.
• Because some students may be excused from taking the Accuplacer.

You are graduating, now what? Save the date! Thursday, January 16, 2020, 5:30 pm – 8:00pm, Souhegan High School Theater & Cafeteria

5:30 - 6:30: Career and Training Opportunities Expo (cafeteria): Open to all grades and recent graduates

6:30 - 8:00: Apprenticeship NH presentation and Q&A (learning commons): Open to current seniors and recent grads.

6:30 - 8:00: Junior College Night Presentation (theatre): Parents & Juniors invited attend.

The program, open to all students, recent graduates and their parents, to explore options for post-graduation. Representatives will be on hand at the Career and Training Expo to talk about community college, training programs, military options, and employment opportunities in an expo style setting from 5:30pm to 6:30pm. Some organizations in attendance will include: Nashua and Manchester Community Colleges, NHTI, Recruiters from the Army, Navy and National Guard, Dept of Vocational Rehabilitation, Michaels School of Hair Design and Esthetics, NH Job Corps, City Year, NH School of Mechanical Trades, Hitchiner Manufacturing, and more. There will be an additional breakout session with Apprenticeship NH for current seniors and recent graduates. Juniors and their parents will proceed to the theater for the Junior College Night presentation that begins at 6:30 pm.
Junior Planning Meetings: During the month of January, counselors will have 1 on 1 meetings with all juniors to review PSAT results and discuss the student’s goals for life after high school. In the next week counselors will forward a link to their juniors giving them the ability to sign up for an appointment. We look forward to meeting with you!

PSAT results - The College Board has announced December 9th as their PSAT score report release date. All juniors and sophomores who participated in the PSATs will have access to their results through their College Board accounts. Students will receive a detailed report and the ability to link their results to Khan Academy for SAT prep.

ASVAB - The Armed Services Vocational Aptitude Battery Test will be administered to interested students on Saturday, Jan. 25th. The ASVAB is a multiple-aptitude battery that measures developed abilities and helps predict future academic and occupational success in the military. The ASVAB is administered by Army personnel, however, there is no recruiting that takes place before, during, or after the testing administration. The ASVAB can provide very valuable career oriented information to students. A date will be scheduled following the exam on a school day to review students' results. Students can sign up for the exam in Student Services beginning December 16th.

CHALLENGE DAY

On Wednesday, 12/11 Souhegan hosted our first Challenge Day Program. Approximately 100 students and 25 staff members participated in this exciting day. The goal of Challenge Day is to build empathy, understanding and community, while breaking down barriers, stereotypes and labels that can be a part of the school experience for many young people every day. Challenge Day proved to be powerful and transforming for the participants! It was fun, eye-opening, emotional, and empowering all at the same time.

The day's events were led by Challenge Day staff in an effective and sensitive way. Participants were led through various activities to build a supportive community and allow participants to tell their stories while receiving affirmation from the group. We were all in awe of the student participants, their resilience and compassion for one another. The goal now for the participants is to be agents of change in the larger school community and pass on the positive meanings and messages learned throughout this awesome day. We thank all the students and staff members for participating in our first Challenge Day!

WOODWORKING FOR YOUNG WOMEN WORKSHOP

Wednesday 12/8
2:30—4:00pm
Room 224 (Engineering Room)

Create a festive winter decoration and eat some snacks! Everyone, and all abilities are welcome!
There are still fall uniforms that have not been returned and some winter user fees that need to be paid. These two things can place your student athlete’s participation in future athletics in jeopardy. Please be sure your child’s accounts are current. If you have questions contact Dan or Pam in Athletics.

Winter team pictures will be taken afterschool on Thursday, December 19th. Order forms have been distributed.

**Athletics Homepage**

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**Equestrian Club**

Equestrian Club Parent/Student Meeting

December 17th at 6 PM

Room 104

This is an informational meeting to introduce parents and students to the Equestrian Club at Souhegan! Come and meet the coaches and learn more about this competing club!

**Community Climbing**

Thursday Evenings, 6:30 – 8:30

Come climb with us on Souhegan High School’s indoor rock climbing wall. Ages 5 and up are welcome. Climbers will have the opportunity to push themselves and support others as they do so. All equipment will be supplied. No prior experience is required.

The sessions will be led by John Dowd, founding Souhegan faculty member and senior climbing instructor at Hurricane Island Outward Bound School.

All proceeds to benefit:

*The 2020 Joshua Tree Climbing Trip*

$5.00/person or $20.00/family.