



# Amherst Middle School

## Weekly Email

April 23, 2021

### Calendar

April 26-April 30: April Vacation, No School

May 12: MV 6th Grade Parent/Student  
Transition Information Meeting, 6pm

May 19: Wilkins 4th Grade Parent/Student  
Transition Information Meeting

#### NH SAS Testing in May

Grade 5: May 17, 18, 19, 21

Grade 6: May 11, 12, 13

Grade 7: May 19, 20, 21

Grade 8: May 18, 20, 25, 27

### Electives Course Selection & Placement for 21-22

**LAST CALL!!!** We'll begin our scheduling process next week and need Electives Selections for rising 5-8th graders!

- [Course selection](#) information for 21-22 for rising 5th and 6th graders
- [Course selection](#) information for 21-22 for rising 7th and 8th graders

Our annual student placement information letter from Dr. Bernasconi, found on [our website](#)

### April Vacation Travel and Quarantine

Travel on public transportation (planes, trains, busses, cruises) outside of New England requires a 10 day exclusion after returning to New Hampshire.

- The **10 day exclusion** begins the day after returning to New England. Students can return to school after the 10th day.
- You may **get tested on days 6 or 7 after travel** (with a molecular or PCR-based test) and self-exclude for 7 days after travel. If the COVID test is negative then you may return to school on day 8. If positive then isolation for 10 days is required.
- Continue to self monitor for signs and symptoms of COVID-19 for 14 days regardless of testing status.
- A copy of the negative Covid screening results must be submitted to your building's school nurse before returning to school

#### Exceptions:

Persons who are 14 days or more beyond completion of COVID-19 vaccination - this means a person must be at least 14 days beyond receipt of the second dose of either the Pfizer-BioNTech or Moderna COVID-19 vaccine, or at least 14 days beyond receipt of the single-dose Janssen (Johnson & Johnson) COVID-19 vaccine.

Persons who are within 90 days of a prior SARS-CoV-2 infection that was diagnosed by PCR or antigen testing (if a person had a previous infection that was more than 90 days prior, then they are still subject to travel exclusion). Even persons not required to be excluded after travel, however, still need to monitor themselves for symptoms of COVID-19 daily, practice social distancing, avoid social and other group gatherings, always wear a well-fitted face mask when around other people, and practice good hand hygiene at all times.

"Essential travel" includes for work, school, personal safety, medical care, care of others, or parental shared custody. Essential travel also includes travel for students and their parents or guardians who are visiting institutions of higher learning or preparatory high schools as potential future students, including allowing the students to remain at the schools for overnight stays.

### 8th GRADE FAMILIES: YEARBOOK Information

You should have received an email from TreeRing, our student yearbook company last week which provided information on how to register and purchase your student's yearbook.

We are also accepting baby pictures and alternative student portraits. Please note all portraits must be submitted by **Wednesday, April 28** to be considered for publication.

If you would like to submit an alternative student portrait, please be sure to adhere to the following guidelines to ensure a great portrait:

- Photo should only be from the shoulders up
- Only one person in the image
- Simple background that doesn't distract from the person
- Vertical portrait photo orientation (not landscape)
- Smile :)
- Be sure the portrait meets school handbook expectations

Please note that the administration and yearbook editors have final approval of all submissions.

You can also [click here](#) for the direct link to sign up.

Please use the school code: 1016177605214052

### AMS WEEKLY STEAM CHALLENGE

Have you ever walked a labyrinth? Labyrinths have been around for approximately 4,000 years. Labyrinths can be a wonderful place to meditate, conceptualize, and reflect. Walking in a labyrinth can be very calming and peaceful. It is a way to enjoy Nature.



Your challenge is to design and make a labyrinth on paper, a flat surface in the driveway, or yard. Suggested materials: paper, pencils, string, tape, rocks, shells, chalk, or Legos.



FOR IDEAS, click [here!](#)  
Share your plan with Mrs. Hargreaves:  
[shargreaves@sau39.org](mailto:shargreaves@sau39.org)

