

PROJECT SAFEGUARD – Wednesday, October 30, 2019

Location: Amherst Middle School

Please use the following template and the course descriptions to help you plan your day. Then use the link <http://bit.ly/Safeguard1920> to register for the sessions you wish to attend. Some sessions have limited openings.

Opening Session	Richard Labell- Keynote Speaker 7:55am-8:25am	All Participants Attend
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Session 1	8:35am-9:35 am	Who can Attend
Chad Shevlin	One Foot in the Grave: The Day I Refused to Die!!!	All
Hayley Reardon	Find Your Voice	All
Traci Cote	Mindful Moments: Creating Pockets of Peace in Every Day Life	All
Brad Stull	Conflict & Harmony: Learning to Be a Peaceful Warrior	Boys
Browne Center	Get Connected!	Students
Lynn Bowler	The Art of Zentangle: Creative Relaxation	Students
Richard Labell	Winning It All	Students
Dan Farina and Kim Wyborney	Suicide Awareness & Prevention	Adults
Jack Agati	Behavior, Consequences, Contracts	Adults
Officer Knox	Internet Safety for Your Children	Adults

Session 2	9:45am-10:45am	Who can Attend
TIGER, Plymouth State University	Bystander: A Portrait in Apathy	All
Bridges	Is it Flirting or Harassment? You Choose!	All
Holly Vordenberg	I'm Hungry! Now what?	All
Traci Cote	Empowerment Through Yoga	Girls
Brad Stull	Conflict & Harmony: Learning to Be a Peaceful Warrior	Boys
Browne Center	Get Connected!	Students
Lynn Bowler	The Art of Zentangle: Creative Relaxation	Students
Jack Agati	Art of Encouragement	Adults
Officer Knox	Internet Safety for Your Children	Adults

Session 3	10:55am- 11:55am	Who can Attend
TIGER, Plymouth State University	Alex's Story	All
Hayley Reardon	Find Your Voice	All
Traci Cote	Mindful Moments: Creating Pockets of Peace in Every Day Life	All
Bob LaPete	Something You Can Use	All
Ashley Terenzi	Building Confidence	Girls
Browne Center	Get Connected!	Students
Richard Labell	Winning It All	Students
Steve Lebel and Josh Cooley	LGBTQA+ Youth and Families	Adults
Officer Knox	Drug Awareness for Parents	Adults
LUNCH BREAK	12 pm- 12:45pm	See lunch form to pre-order.
Session 4	12:45pm – 1:45pm	Who Can Attend
Marko	Magic in You	All
Holly Vordenberg	I'm Hungry! Now what?	All
Haley Reardon	Find Your Voice	All
Bob LaPete	Something You Can Use	All
Lynn Bowler	The Art of Zentangle: Creative Relaxation	Students
Brandy Hill, Banyan Tree Yoga	Yoga for the Soul	Students
Kim Wyborne/ Lauren Ricci	The Age of Anxiety	Adults
Officer Knox	Drug Awareness for Parents	Adults

Closing Session	Richard Labell 1:55-2:19pm	All participants attend
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