

AMHERST, MONT VERNON, and SOUHEGAN POLICY

EFA - AVAILABILITY AND DISTRIBUTION OF HEALTHY FOODS

Category: Priority/Required by Law

The School District will support the availability and distribution of healthy foods and beverages in all school buildings during the school day.

The Superintendent or his/her designee is responsible for ensuring that all foods and beverages distributed within the district meet nutritional standards established by state and federal law relative to: (1) nutrient density; (2) portion size; and (3) nutrition targets, as defined in pertinent law.

The Superintendent or his/her designee is responsible for implementing developmentally appropriate opportunities to learn food preparation skills that support nationally recognized research-based nutrition standards. The Superintendent or his/her designee is responsible for providing annual communication information about the policy and procedure and related curricula to the school community.

Legal References:

7 CFR 210.10, Nutrition Standards And Menu Planning Approaches For Lunches And Requirements For Afterschool Snacks

Ed 306.04(a)(23), Availability and Distribution of Healthy Foods

Ed 306.11(g), (h), Food and Nutrition Services

Revised: May 2014

New Sample Policy: May 2012

NHSBA Note, May 2014: Only changes are to Legal References. Content of policy is unchanged.

New Hampshire School Boards Association

Revised: May 13, 2019

Adopted: November 13, 2018 (Amherst)