

Greater Nashua Mental Health Center provides comprehensive mental health services, utilizing the best evidence-based practices. As an agency, the Center is committed to working with its service partners to develop innovative programs to meet emerging community needs.

Programs for Adults

Adult services range from brief therapy for individuals and couples to intensive supports for individuals with severe, persistent mental illness.



- Assessment & Brief Treatment
- Individual, Couples & Group Therapy
- Community Support Services
- Assertive Community Treatment Team
- Psychopharmacological Consultation & Management
- Substance Abuse Services
- Batterer's Intervention Program

Services to Specific Populations

Recognizing that certain groups of people require more specific interventions, the Center offers services designed to meet these unique needs.

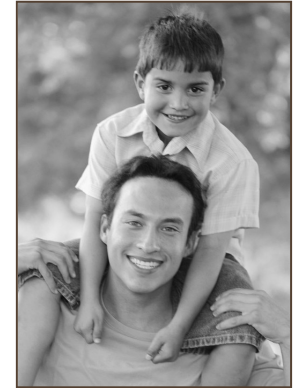
- Deaf Services Team
- Older Adult Services



Programs for Children & Adolescents

Children and adolescents with emotional disorders require services designed to meet their individual mental health needs, supportive services for their families, and cooperative programming with their schools and other providers.

- Individual & Family Therapy
- Young Adult Program
- Group Therapy, including Adolescent Dialectical Behavior Therapy (DBT)
- School Based Mental Health Services
- Trauma Focused Treatment
- Supervised Visitation Center
- Child Impact Seminars for Divorcing Parents
- Psychiatric Treatment



Specialized Programs

The Center has created a number of essential services and programs to address identified gaps in the community's continuum of care.

- 24-Hour Emergency Services
- Homeless Outreach Services
- Community Connections Mental Health Court
- Community Connections for Youth Program
- A Place to Live Housing Program
- Clinical Research Department
- Healthy Connections - Integrated Primary & Behavioral Health Care

Our Mission

Greater Nashua Mental Health Center at Community Council works with the community to meet the mental health needs of its residents by providing evaluation, treatment, resource development, education, and research.

Our Vision

- *To create an integrated mental health system, driven by knowledge, that provides high quality, cost-effective treatment.*
- *To eliminate the stigma surrounding mental illness and barriers to care through education and outreach efforts.*
- *To develop an effective community mental health system that serves its residents by preventing, treating and enhancing recovery from mental illness.*
- *To collaborate with our fellow citizens in creating a community-wide system of care that ensures access, reduces redundancy, and enhances the mental and emotional health of our community.*

Fees

Greater Nashua Mental Health Center accepts most insurance plans as well as Medicaid and Medicare. For those without insurance coverage, the Center offers a sliding fee scale based upon family size and income.

Appointments & Referrals

For more information about services, payments options, or to make an appointment, call us at 889-6147. Evening and weekend appointments for most services are available.

Greater Nashua Mental Health Center offers its services without discrimination with respect to age, sex, race, disability, national origin, religion, sexual orientation, insurance status or financial resources.

*Serving Amherst, Brookline, Hollis, Hudson,
Litchfield, Mason, Merrimack, Milford,
Mont Vernon and Nashua*



Greater Nashua Mental Health Center *at Community Council*



*Strengthening Individuals, Families and
Our Community Since 1920!*



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